

Blindfolded Shapes

Objective

The Blindfolded Shapes challenge promotes clear and specific communication and attentive listening among your players.

Setup

Find an open area or large room. You will need blindfolds (bandanas or shirts) for every member of your team and a long rope about 50 to 100 feet in length depending on the size of your team.

Instructions

Have your players extend the rope and station themselves so they are evenly spaced out along it. Once they put their blindfolds on, tell them either a letter, number or geometric shape you would like them to form as a team using the rope. The team will need to communicate and position themselves as a group to form the specified shape. Once they feel they have accurately formed the shape have them remove their blindfolds and check on their progress. Start with easy shapes like squares and triangles and progress to more elaborate shapes like pentagons and octagons. You can also have them spell out the letters of the team mascot. To increase the difficulty and stress, impose a time limit on creating shapes.